



Ride On St. Louis • P.O. Box 94 • Kimmswick, Missouri 63053 • 636-464-3408

Welcome:

Thank you for your interest in Ride On Saint Louis, an equine-assisted therapy program. We are a member of the North American Riding for the Handicapped Association, (NARHA), The Equine Facilitated Mental Health Association (EFMHA) and of the American Hippotherapy Association (AHA). Our instructors and therapist are NARHA certified or registered with the AHA and our center follows these standards and guidelines which have been put in place for the safety of all riders.

The first step for enrollment is to schedule an Observational Evaluation by calling our office. One to two Evaluation Days are scheduled each year and do fill up quickly. There is a \$25.00 evaluation fee to reserve your scheduled appointment and no additional registration fee. ROSL has the right to reschedule that appointment to another interested rider if we do not receive your payment. This evaluation is for the purpose of therapeutic riding activities in order to stay within NARHA guidelines.

Once you have attended an observational evaluation and we find no contraindications to NARHA guidelines, your name will be placed on one of three Program waiting lists: Hippotherapy, Therapeutic Riding, or Sport Riding. These programs run in sessions that are scheduled 4 times a year. We may also recommend our weeklong Summer Camp Program instead of a session and try to serve everyone as best as we can.

Riders who are enrolled in the program are accommodated to their needs and have the choice to remain in their time slot until we see the need for them to graduate or until they decide to stop coming. As vacancies in our schedule arise, ROSL will call on a 'first on the list, first call' basis. The waiting time is determined by what slots become available, what list you are on, and how flexible your schedule is.

To reserve your Observational Evaluation time, call the office for an appointment. Please be aware that these evaluation days fill faster than we can have openings. We only schedule appointments for one evaluation day at a time therefore, if that day is booked, you must call again after that evaluation day is over in order to get the next available evaluation day appointment.

Thank you for choosing Ride On Saint Louis. We look forward to meeting you. For more specific information for sessions, schedules or fees please email [rideonstlouis@juno.com](mailto:rideonstlouis@juno.com) or call 636-464-3408.

Cordially,  
Ride on Saint Louis Staff